

## September 2023 LaPointe-Fisher Nursing

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

\*Programs to take place outdoors as weather permits.

Ongoing 1-1 visits



**1**

10:00 What's in the Bag?

2:00 Back to School Painting

6:30 Boat Lily Propagation

**2**

10:00 Coffee Conversations

2:00 Foil Balloon Badminton

**3**

10:00 Online Church Service

2:00 Tai Chi

**4-Labour Day**

10:00 Guess the Occupation

2:00 Let's Talk Working Day

6:30 Monkey Visits

**5**

10:00 Back to School Spelling Bee

2:00 Bingo

6:30 Brain Fitness

**6**

10:00 Group Reading

**2:00 Resident Council -AK**

3:15 Physio Total Body Fitness-D1/ 1:1 Visits

6:30 Plant Care

**7**

10:00 Drum Circle

2:00 Baking Peach Crisp and Taste samples

6:15 Pet Therapy -A1

**8**

10:00 Library Cart

11:00 Accordion with Gary-D2

2:00 Movie Matinee

6:30 Adult Colouring

**9**

10:00 Montessori Bean Bag Toss

2:00 Spa Afternoon

6:30 Memoir Readings

**10-Grandparents Day**

10:00 Online Church Service

2:00 Ice Cream Traveling Cart

6:30 Bob Ross Videos

**11**

10:15 Physio Total Body Fitness-D1/ 1:1 Visits

2:00 Cards and Games

6:30 Herbal Tea Evening

**12**

**10:30 Catholic Mass -B**

2:00 Bingo

6:30 iPad Visits

**13**

10:00 Golf Putting

2:00 Karaoke Afternoon

3:15 Physio Total Body Fitness-D1/ 1:1 Visits

6:30 Plant Care

**14**

10:00 Parachute

2:00 Pick a Card Discussion

6:00 Pet Therapy -A2

**15**

10:00 Library Cart

2:00 Carpet Bowling /Bocce

6:30 Stretches

**16**

10:00 Bread Making

2:00 Painting Designs

6:30 Let's talk sports

<p><b>17-Resident Council Week</b> 10:00 Online Church Service</p> <p>2:00 Guess the Sound</p> <p>6:30 Photo Gallery Viewing</p>	<p><b>18</b> 10:15 Physio Total Body Fitness-D1/ 1:1 Visits</p> <p>2:00 Baking pumpkin spice muffins</p> <p>6:30 Bean Bag Toss</p>	<p><b>19</b> 9:30 Walmart Outing</p> <p>2:00 Bingo</p> <p>6:30 Brain Fitness</p>	<p><b>20</b> 8:00 Men's Bacon &amp; Egg Breakfast</p> <p>10:00 Alzheimer's Coffee Social</p> <p>2:00 Cards &amp; Games</p> <p>3:15 Physio Total Body Fitness-D1/ 1:1 Visits</p> <p>6:30 Plant Care</p>	<p><b>21</b> 10:00 Melody Chiming</p> <p>2:00 Horticulture Planting Fall Mums</p> <p>6:15 Pet Therapy -A1</p>	<p><b>22-First Day of Autumn</b> 9:30 Decorating</p> <p>11:00 Accordion with Gary-D1</p> <p>2:00 Fall Themed Trivia</p> <p>6:30 Chicken Soup for the Soul Readings</p>	<p><b>23</b> <b>Let's see &amp; support Canadian Motorcycle Cruisers 1015 a.m to 10:30 a.m.-O</b></p> <p>2:00 Cards &amp; Games</p> <p>6:30 Let's talk Fall Fairs</p>
<p><b>24</b> <b>Nancy's 100<sup>th</sup> Birthday</b> 10:00 Online Church Service</p> <p>2:00 Puzzles</p> <p>6:30 Hymns</p>	<p><b>25</b> 10:15 Physio Total Body Fitness-D1/ 1:1 Visits</p> <p>2:00 Traveling Apple Cider Cart</p> <p>6:30 Talent Night</p>	<p><b>26</b> 10:00 Outing to Bowling Alley</p> <p>2:00 Bingo</p> <p>6:30 iPad Visits</p>	<p><b>27</b> 10:00 Baking Apple Crisp</p> <p>12:00 Ladies Lunch</p> <p>2:00 On this day in History</p> <p>3:15 Physio Total Body Fitness-D1/ 1:1 Visits</p> <p>6:30 Plant Care</p>	<p><b>28</b> 10:00 Melody Chiming</p> <p>2:00 Apples to Apples Board Game</p> <p>6:30 Pet Therapy -A2</p>	<p><b>29</b> 10:00 Spa Morning</p> <p><b>2:00 Birthday Party with the Light Shine Singers</b></p> <p>6:30 Card Making</p>	<p><b>30</b> 10:00 Ball Toss</p> <p>2:00 Adult Coloring</p> <p>6:30 Montessori Reading</p>

**Locations**

B = Basement

AK=Activity Kitchen

O = Outing

D1 = First Floor Dining Room

D2 = Second Floor Dining Room

A1-Alcove 1<sup>st</sup> floor

A2-Alcove 2<sup>nd</sup> floor

\*\*If the location is not listed, activity will be held in D1 then D2, or both dining rooms simultaneously.