

November 2018 LaPointe-Fisher Nursing Home

Activity Calendar

1st Floor

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



LEST WE FORGET

Church Services 29th by Trinity United /Church Mass by Holy Rosary Restorative Visits, Walking, Dressing & Dining Mon-Sun Physiotherapy Mon, -Fri
Nightly TV or DVD lounge

Program Locations
B= Basement Activity Rm.
AK= Activity Kitchen
L1= 1st Floor Lounge
L2 2 Floor Lounge
D1 1st Floor Dining Rm.
D2= 2nd Floor Dining Rm.
O= Outside
A=Alcove



1
10:30Melody Chiming –D2
10:30 Baking –A.K
2:15 Hymns & Fellowship Time - B
3:45 1:1 Sensory or Brain Fit Visits
6:30 Variety Time

2
A.M. Pet Visits-Boots
10:00 Golf Putting
2:00 Spa Afternoon
3:45:1 Visits
6:30 Variety Time

3
11:00 News & Views
2:00 Planting Amaryllis Bulbs
4:00 Visits
6:30 Variety Time

4
Back to Standard Time
Making Bread
Followed by
10:00 Set the Clocks Social
2:00 Time Discussion D1
4:00 Visits
6:30 Variety Time

5
10 -Total Body Fitness- B
2:00 Taste of Scotland & Iceland Presentation-B
3:45 1:1 Multi-Sensory or Brain Fit Visits
7:00 Scottish Country Dancing –D1

6
Afternoon Pet -Chelsea
Morning Visits
10:30 Mass-B
2:00 Carpet Bowling-B or Bible Reading-L1
3:45 1:1 Multi-sensory or Brain Fitness
6:30 Variety Time

7
Pet Milo & Ziggy Visits
10:00 Total Body Fitness- B
2:00 Crafts – Paint Mini Sleds
3:45 1-1 Visits
6:30 Variety Time

8
10:30 Melody Chiming-D2
10:30 Baking-A.K
2:15 Church-B
3:45 1:1 Sensory or Brain Fit Visits
6:30 Variety Time

9
A.M. Pet Visits-Boots
Morning Crafts
2:00 Resident Council Meeting-AK & Visits
3:45 1:1 Sensory or Brain Fit Visits
6:30 Variety Time

10
11:00 Montessori Reading Groups
2:00 Flanders Field Poppy Craft
4:00 Visits
6:30 Variety Night

11
Remembrance Day
10:15 Honouring Veterans & Ottawa TV Broadcast-B
2:00 Let's Talk
3:45 1:1 Visits
6:30 Reflections

12
10:00 Morning Sing-a-Long
2:00 Baking & Crafts
3:45 1:1 Multi-Sensory or Brain Fit Visits
6:30 Variety Time

13
Afternoon Pet -Chelsea
Morning Word Games
2:00 Afternoon Dance Toe Tappers Band-B
or Bible Reading-L1
3:45 1:1 visits
6:30 Variety Time

14
Pet Milo & Ziggy Visits
10:00 Total Body Fitness- B
2:00 Baking & Crafts
3:45 1:1 Multi-Sensory or Brain Fit Visits
6:30 Variety Time

15
10:30 Melody Chiming-D2
10:30 Baking –A.K.
2:15 Church-B
3:45 1:1 Multi-Sensory or Brain Fit Visits
6:30 Variety Time

16
A.M. Pet Visits-Boots
10 -Total Body Fitness-B
2:00 1-1 small Group Spa Afternoon
3:45 1:1 Multi-Sensory or Brain Fit Visits
6:30 Variety Time

17
Final Bazaar Prep & Set Up
Horticulture Table Centres & More
4:00 Visits
7:15 Bazaar Signs Colouring

18
9:30 Make Bread Please Join Us
2:00 – 4:00 Christmas Bazaar & Tea Room
Proceeds –Res. Council

19
Loonie Jersey Day
Proceeds to Res. council
10 -Total Body Fitness-B
2:00 Favourite Fashions Discussion
3:45 1:1 Multi-Sensory or Brain Fit Visits
6:30 Variety Time

20
Afternoon Pet -Chelsea
9:30 Walmart Shopping & Visits
2:15 Bingo or Bible Reading
3:45 1:1 Sensory/ Brain Fitness Visits
6:30 Variety Time

21
Pet Milo & Ziggy Visits
8:00 Bacon & Egg Breakfast
10:00 Total Body Fitness-B
2:00 Cards/Games
3:45 1:1 Visits
6:30 Variety Time

22
10:30 Melody Chiming and Tune into USA
Thanksgiving Day Parade /visits
2:15 Hymns & Fellowship Time
3:45 Sensory/ Brain Fit Visits
6:30 Variety Time

23
A.M. Pet Visits-Boots
10:00 Roll the Dice Break the Ice Discussion
2:00 Birthday Party with Kara-B
3:45 1:1 Brain Fit
6:30 Variety Time

24
10:30 Count Up the Score Bean Bag Toss
2:00 Bingo
4:00 Visits
6:30 Hockey Night & Pre Game Trivia

25
104 Birthday Celebration Alice Edwards
Well wishes and Discussion
4:00 Visits
6:30 Variety Time

26
10 -Total Body Fitness-B
2:00 Cards & Games
6:30 Residents, Staff, Family, Friends Variety Talent Night

27
Afternoon Pet -Chelsea
10:00 Carpet Bowling
2:00 Sculpt with Eden or Bible Reading
3:45 1:1 Visits
6:30DecorateTree -1st

28
Pet Milo & Ziggy Visits
10:00Total Body Fitness- B
2:00 Baking
3:45 1:1 Visits
6:30Decorate Tree-2

29
10:30 Melody Chiming
2:15 Communion and Memorial Service & Visits
6:30 Variety Time

30
St. Andrews Day
A.M. Pet Visits-Boots
Small Group Mini Tea Groups with Trivia
2:00 1-1 Beauty Care
6:30 Variety Time

Saturday Dec. 1st
Please Join Us FAMILY CHRISTMAS TURKEY DINNER PARTY SANTA RSVP max 2 guests
*****HO HO HO *****

November 2018 LaPointe-Fisher Nursing Home

Activity Calendar

2nd Floor

Sunday

Monday

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Thursday

Friday

Saturday



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7:00 Scottish Country Dancing

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Afternoon Pet -Chelsea
Morning Visits
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2:00 Carpet Bowling or Bible Reading
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Pet Milo & Ziggy Visits
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3:45 1:1 Visits
6:30 Variety Time

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or Bible Reading
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3:45 1:1 Visits
6:30 Variety Time

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10:00Total Body Fitness B
10:30 Mind & Body
2:00 Cards/Games
3:45 1:1 Multi-Sensory
6:30 Variety Time

22
10:30 Melody Chiming or **Tune into USA Thanksgiving Day Parade /visits**
2:15 Hymns & Fellowship Time
3:45 1:1 Sensory or Brain Fit Visits
7:15Turkey Toss

23
A.M. Pet Visits-Boots
10:00 Roll the Dice Break the Ice Discussion
2:00 Birthday Party Kara Shaw-B
3:45 1:1 Brain Fit
6:30 Variety Time

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Small Group Mini Tea Groups with Trivia
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RSVP max 2 guests
*****HO HO HO *****